

# 英語(筆記[リーディング])

(解答番号  ~ )

## 第1問 (配点 10)

A You are interested in a short exchange program your school offers every year. You have received a note from Isabella, an Assistant Language Teacher (ALT) at your school.

*Dear students,*

*I am happy to announce that we are going to have a short exchange program this year with our Australian sister school. Last year, 10 students from our school visited Australia and studied there for two weeks. This program will give you a good opportunity to make friends with Australian students. If you are interested in the program, please come to an informational meeting at the cafeteria this Friday at noon or 4:00 p.m. (Students attending the lunchtime meeting may want to bring their lunch with them.) For pictures from our exchange program in the last few years, visit our school website.*

*Best wishes,*

*Isabella*

問 1 The teacher is going to .

- ① announce which students will join the program
- ② give meetings to talk about the program
- ③ have a lunch party with exchange students
- ④ visit the Australian sister school this weekend

問 2 If you visit the school's website, you can see .

- ① information about the sister school
- ② photos of the program in the past
- ③ the lunch menu of the cafeteria
- ④ this year's school event calendar

B You visited your town's English website and found an interesting event.

Higashi Town Theater

## **Noh Workshop for English Learners**

Foreign tourists are becoming more interested in Japan's traditions and culture. Why don't you learn about a Japanese art form and talk about it in English? Here is a good chance for you. Noh is a traditional Japanese art with dance, drama, and music. Higashi Town Theater will host a Noh Workshop on August 25, the last Sunday of August. There will be an interactive workshop and a performance.

### **Workshop Schedule**

1:00 - 1:45 p.m.	Lecture: Basic Knowledge on Noh
2:00 - 2:30 p.m.	Short Performance
2:45 - 3:30 p.m.	Dance Lesson
3:45 - 5:00 p.m.	Noh in Simple English Group Work: Talk about Noh in English

- ★ Participants should be 13 years old or over.
- ★ A pair of Tabi (Traditional Japanese-style socks) is available for the dance lesson.
- ★ Foreigners who are interested in Noh are also welcome.

To register, click [HERE](#) before 4:00 p.m. August 18.

問 1 The purpose of this event is to .

- ① allow foreign tourists to see a full Noh performance
- ② help Noh performers to communicate with students
- ③ make young children familiar with Noh
- ④ have an opportunity to learn about Noh in English

問 2 The participants should .

- ① be at least 13 years old
- ② bring Japanese-style socks with them
- ③ have some experience in dancing
- ④ speak only English during the workshop

問 3 Which of the following is true about the event?

- ① The event is going to take place on Saturday.
- ② The event will last about three hours.
- ③ You can learn how to sing Noh songs in English.
- ④ You should sign up one week in advance.

### 第3問 (配点 10)

A You found the following story in a blog written by a male American student in your school.

#### **Amusement Park & Ramen Restaurant**

Sunday, May 12

My host brother Riku and I visited an amusement park. The park was not crowded. Riku said people wanted to stay at home because they felt tired after the Golden Week.

First we tried the roller coaster. It was 80 years old and made of wood. I felt a little scared after I heard about its age. Then we went to the ghost house. It was more interesting than scary. I felt like this because I had no idea about Japanese ghosts.

At lunchtime, we went to a ramen restaurant. They had a special offer: If you eat a big ramen within 30 minutes, you don't have to pay for it. Riku made it, but I couldn't. I ate it all, but I couldn't finish in time. They gave me "Zannen-shou," a consolation gift although Riku was presented a T-shirt.



Then we went shopping before coming home. It was a nice day. But my only regret is that I didn't use a fork to eat ramen at the restaurant!

問 1 At the amusement park, .

- ① everybody became tired
- ② the ghost house was closed
- ③ there was an old roller coaster
- ④ there were many visitors

問 2 You learned that the writer of the blog .

- ① forgot to buy a fork
- ② got pocket tissue as a gift
- ③ regretted eating ramen
- ④ was good at using chopsticks

B You found the following story in a study-abroad magazine.

### **Reverse Culture Shock**

Kota Oyama (Teaching Assistant)

Living in your mother country is easy and comfortable. However, after living in a foreign country for some time, you may feel differently.

Ayaka is a senior in our school. At first, she was really excited when she came back to Japan. She had moved to Seattle just before entering our high school. Her parents had to work there. However, she soon felt uneasy back in Japan. She did not want to take crowded trains during rush hour. Back in Seattle, she drove to school and enjoyed her personal space. Moreover, she always became nervous when she saw everyone around her wearing masks. They looked a little scary. She just wanted to see their faces and smiles.

One day, Ayaka got surprised. On a TV show, she saw some people who feel angry when others don't wear masks. Some of them even asked specialists if companies could fire workers who wouldn't wear masks even though they coughed again and again. After watching the TV program, she thought some people in Japan might wear masks to respect others' feelings.

She is still not sure if people really have to wear masks all the time. In fact, research shows that masks cannot always prevent illness. Above all, masks are uncomfortable. At the same time, Ayaka also knows the saying, "When in Rome, do as the Romans do." She followed this when she was in Seattle. Now she tries to respect Japanese people's way of life in her own way. She washes her hands and gargles frequently so that she will not catch a cold or have to wear a mask.

問1 According to the story, Ayaka's feelings changed in the following order:

18 .

- ① excited → uncomfortable → positive → understanding → shocked
- ② excited → uncomfortable → shocked → understanding → positive
- ③ excited → positive → shocked → uncomfortable → understanding
- ④ excited → shocked → uncomfortable → understanding → positive
- ⑤ excited → shocked → understanding → positive → uncomfortable
- ⑥ excited → understanding → shocked → positive → uncomfortable

問2 Ayaka thought that some people in Japan might wear masks because

19 .

- ① they think about the feelings of others
- ② they do not want to catch a cold
- ③ they want to hide their faces
- ④ they try to follow common sense

問3 From this story, you learned that Ayaka 20 .

- ① tried to understand the culture where she lives
- ② would like to do what other Japanese people do
- ③ had a difficult time in living abroad
- ④ felt more comfortable to live in Japan



## 第4問 (配点 16)

You are doing research on sleep hours. You found two articles.

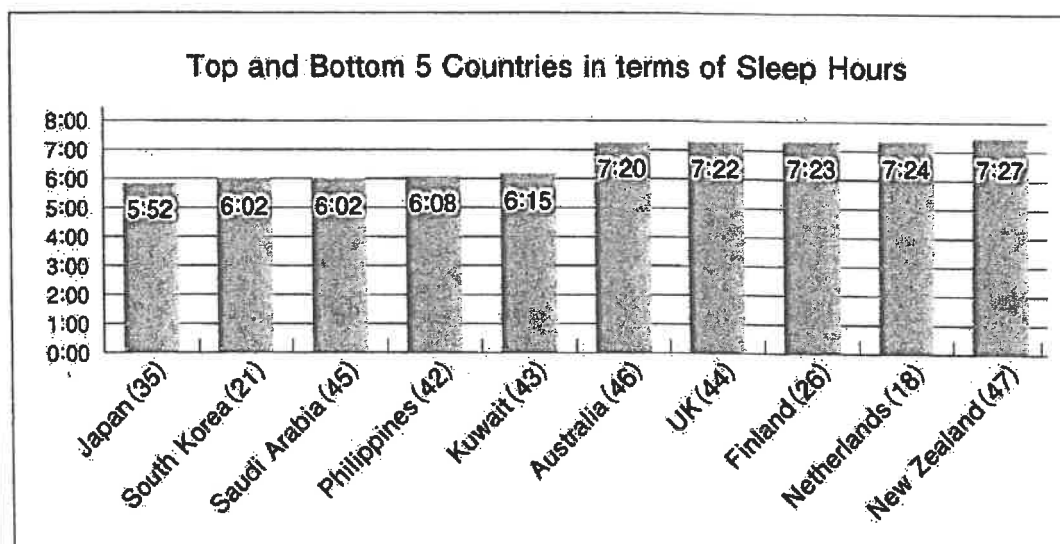
### Sleep Time and Quality

by Charlotte Simpson

March 20, 2019

Adequate sleep is a key part of a healthy lifestyle and can benefit both mind and body. There have been many studies showing that a good night's sleep can lead to better learning and memory, less mental problems, and a longer life. It is generally said that adults need about eight-hour sleep per night. In fact in 1942, eight hours of sleep was common, but these days 6 hours and 48 minutes is the average.

New data from a smartphone app has shown that virtually no country in the world manages to achieve eight-hour sleep a night. The graph shows the top and bottom five countries from 50 in terms of the average sleep time of their residents. According to the data, there is a significant gap between cultures: the bottom five countries being mostly Middle or Far Eastern, while the top were Western or Oceanian countries, including three British Commonwealth countries.



\* Figures in brackets refer to each country's ranking in terms of Sleep Quality among 50 countries.

However, length of sleep seems to have little to do with quality of sleep, which was another factor the app revealed. For example, New Zealand scored the highest in terms of sleep hours but badly in terms of quality (the 47th). Comparing other countries' positions on the graph with their respective ranking beneath further highlights this.

Electric lighting has made possible extended activity hours and around-the-clock operations, which also means that work and rest hours are no longer controlled by sunrise and sunset. Modern urban noise and light pollution can disturb our sleep. In addition, the emergence of the Internet and recent advances in mobile devices pressure people to stay awake. However, it is only a myth that sleep is dispensable. Now is the time for every one of us to reconsider our sleeping habits.

### **Opinion on "Sleep Time and Quality"**

**by I. S.**

As the father of a young digital native, I understand the difficulty in developing good sleeping habits. Cyberspace never sleeps. We need to be awake so that we don't miss things or feel left behind. According to Charlotte Simpson's article, people in my country sleep the least, about 1 hour behind the global average. This might be because of the peer pressure we feel to work long hours or continue exchanging messages on social media late into the night. This is part of our general desire to be welcomed and in harmony with society.

There is no doubt that people today need more sleep. As Simpson mentioned, getting enough sleep help keep our mind and body healthy. However, even if we decide to use social media less, modern society keeps us awake. City lights may decrease crime rates but can disturb our body clock. 24-hour services are convenient, but they lead to antisocial work hours, causing people sleep problems. We cannot easily give up convenience, but we need to keep balance between modern comfort and our health.

Although Simpson did not mention the relationship between length and quality of sleep, I wonder if better sleep might allow us to compensate for lack of sleep in modern times. Or are there some good ways to maintain health, for instance, by taking a nap during the day? I hope further studies will help busy modern people improve their sleeping habits.

問 1 Neither Charlotte Simpson nor the father mentions .

- ① cultural difference in sleep hours
- ② differences in sleep quality with age
- ③ possible benefits of a daytime nap
- ④ the merits of sleeping well

問 2 The father lives in .

- ① Japan
- ② New Zealand
- ③ South Korea
- ④ the Philippines

問 3 According to the articles, some of the causes of lack of sleep these days can be  and . (Choose two options. The order does not matter.)

- ① a decline in physical strength
- ② developments in electronic mobile devices
- ③ today's changing environment
- ④ the availability of global communication

問 4 Charlotte Simpson states that , and the father states that .  
(Choose a different option for each box.)

- ① modern people are likely to improve their sleeping habits by using the Internet
- ② some people in Europe cannot stop using social media
- ③ it might be good for health to have a short sleep during the day
- ④ it could be possible for people to have a good sleep if they sleep long hours
- ⑤ people in few countries can spend eight hours on sleep every day

問 5 Based on the information from both articles, you are going to write a report for homework. The best title for your report would be .

- ① The Problem Modern People Face: Sleep Shortage
- ② The Relationship between Sleeping Time and Working Time
- ③ The Importance of Early Rising
- ④ How Sleep Affects Athletes' Performance